

Program for Professionals:

SUPPORTING GRIEVING CLIENTS: CONTINUING BONDS AND HOLIDAY TRADITIONS

Presented by What's Your Grief



Tuesday November 4th

8am PT/ 9am MT/ 10am CT/ 11am ET | Virtual Program

A special presentation for Hospice Professionals, Clergy, Law Enforcement, First Responders, Victim's Advocates, Therapists/Counselors, Volunteers, Companions, Death Doulas, Death Care Professionals.

About:

For many grieving people, the holidays can feel overwhelming. Traditions and rituals that once brought comfort can now feel painful or empty, leaving families unsure how to navigate the season. This session is for grief and mental health professionals who want to better understand how ritual can help during times of loss. We'll look at research on the role of ritual in grief and the concept of continuing bonds, exploring why these ideas matter when supporting clients through the holidays.

The session will cover:

- How grief disrupts familiar traditions—and how new or adapted rituals can help people cope
- Ways to use clients' own values to guide meaningful holiday choices
- Practical tools to help griever stay connected to those they've lost
- Common challenges like changing or letting go of old traditions and navigating family conflicts around holiday plans.

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