



TRAINING AND EDUCATION

UPCOMING EDUCATIONAL SIGNATURE SERIES:

HeartLight hosts experts to speak on various grief and loss topics throughout the year. Seminars are presentational and all are invited to learn.



Dr. Tonya Cunningham
Friday, August 22nd, 2023

Leaders Grieve Too! When the Heart and the Mind are Exhausted A virtual program for caregiving professionals.



Dr. Jason Troyer
January 2024

Program for caregiving professionals and the community. Topics coming soon!



Matt "Griff" Griffin
April 2024

Program for caregiving professionals and the community. Topics coming soon!

FACING THE MOURNING FACILITATOR TRAINING:

Learn to facilitate our signature 4-session interactive support group open to all types of losses to bring to your community or organization



Facing the Mourning Facilitator Training- For Professionals
Fri. July 21st, 2023
Start Time: 10am PT/ 11am MST/ 12pm CT/ 1pm ET



RESOURCES:

Resources for those who have experienced a loss as well as professionals supporting someone who has experienced a loss. Learn more by scanning the QR code

Recommended Grief Media:

- Book List
- Podcasts
- Websites
- Videos

HeartLight Academic Articles

- Help Someone who is Grieving
- Helpful Info About Grief
- Self-Care While Grieving
- Individual vs. Group Support
- Loss in the Work Place
- When Kids are Grieving

