



DR. TONYA CUNNINGHAM

PROGRAM FOR PROFESSIONALS-



LEADERS GRIEVE TOO! WHEN THE HEART & THE MIND ARE EXHAUSTED

A virtual program for caregiving professionals, including Hospice and Healthcare Professionals, Funeral Directors, Counselors/Therapists, and Volunteer Caregivers.

When professionals give themselves permission to process their own grief, they in turn will support others in navigating their own journey in more effective ways. When we experience vicarious trauma, personal loss, compassion fatigue, or are impacted by social or cultural events including COVID, self-care is vital. Learn tools for coping personally, and professionally, when we are feeling exhausted, overwhelmed, burnt out, and grief-stricken ourselves. Registration Required. Certificate of Completion provided upon request to attendees.

ABOUT THE PRESENTER:

Dr. Tonya Cunningham is a sought out International Speaker, Author, and Grief Counselor with an emphasis on loss, life transitions, and inner healing. An advocate of higher learning, Dr. Tonya holds 5 degrees as well as certificates of completion in several specialty areas. She is the CEO & Founder of Dr. Tonya Enterprises, LLC and Let's Talk Healing, Inc which provides staff and personal development services such as counseling, coaching, consulting, seminars, & workshops.

Join us Virtually on Zoom

Tuesday, August 22nd, 2023

8:00am Pacific / 9:00am Mountain /

10:00am Central / 11:00am Eastern

Scan to Register



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