

Substance Use Loss Support Group



“Death leaves a heartache no one can heal; love leaves a memory no one can steal.” – Unknown

You Are Not Alone

A support group for families and friends whose loved one's death occurred from alcohol or substance use, addiction, or overdose.

The loss of a loved one to alcohol or substance use, addiction, or overdose may be intensified by social stigma and complex feelings of sadness, shame, blame, guilt, anger, and isolation.

Join us in this safe environment to discuss the pain and suffering of the loss with others who understand and can identify with the experience. Group discussion may help with understanding feelings of powerlessness over someone else's substance use and resulting death. Sharing with others may offer hope and comfort.

When: Second Thursday of each month

Time: 6:00 - 8:00 p.m.

Location: Online

Registration Required:

To register, or for additional information, please call TRU Community Care Grief Services at (303) 604-5213 or visit TRUcare.org

