



Bereavement Education and Support Groups

Two options, each meeting for 8 Consecutive Weeks

- Wednesday evenings, 6:30-8:00 p.m. beginning May 5, 2021
- Thursday afternoons, 3:00 – 4:30 p.m. beginning May 6, 2021

RSVP is required by Monday, April 26. Please contact a facilitator.

Ann McClellan
Pastoral Care
First United Methodist Church
719-393-3578
AnnM@fumc-cs.org

Kathy Sparnins
Grief Educator
Producer, “Voices of Grief” film
719-659-0447
Kathy.Sparnins@voicesofgrief.org

Sarah Lee
Chaplaincy Student
Fuller Seminary
719-505-2257
Sarilee1205@msn.com

Location: First United Methodist Church
420 N. Nevada St; Colorado Springs, 80903

*COVID precautions will be followed including mask wearing and appropriate social distancing. We will be meeting in a large, well-ventilated space.

Registration Fee: \$80 (\$10 weekly to include books and materials)
No one is turned away because of cost, please speak with us if this is a difficulty.

Our fast-paced culture does not encourage the sacred journey of our broken hearts.
Our wish is to provide a safe place for people to integrate their loss and educate themselves around the challenges and misconceptions of grief.

“Truly, it is in the darkness that one finds the light, so when we are in sorrow then this light is nearest to all of us.”

~ Meister Eckhart

Our groups are offered in partnership with The Heartlight Center and The Springs Funeral Services.

